

Harassment Hurts: Preventing Sexual Harassment at School & Work



What is sexual harassment?

Sexual harassment it's not a joke. It's not harmless fun.

Sexual harassment is unwanted, uninvited sexual attention. It can involve remarks, gestures or actions. It can make you embarrassed, offended, intimidated or unsafe.

Sexual harassment can take many forms, including:

- unwanted physical contact like touching and grabbing
- rude jokes or suggestive remarks
- leering or inappropriate staring
- cat calls, embarrassing whistles or similar sounds
- insulting remarks about sexual orientation
- names written on walls or desks ("For a good time, call ...")
- displays of sexually offensive pictures, pornography or graffiti
- using the word "girl" or "woman" as a put-down (for example, "you run like a girl")
- stalking.

Sexual harassment is not:

- a hug between friends
- mutual flirtation that feels good for both people
- sincere compliments

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